

**...Low Freight Rates...**

No matter how many plants are in your order our postal charge is the same low rate for the whole order. **Qld & NSW - \$18.00, Vic - \$22.00, S.A - \$26.00, WA, Tas & NT - \$49** (Includes Quarantine Inspection Costs). \*Please note: **The post & packing charge is for the whole order not each plant.** Unless specified plants are sent in long pots 70mm wide. Our plants are specially treated to ensure they travel well and in remote areas are able to travel up to two weeks without ill effects. Our unique packaging method has been giving great results for 31 years. You can either plant them straight into the garden, hold them in their pots or repot them with the pots of your choice. Plants that grow in full sun have been hardened to full sun conditions. **KEY:** 1.0m Typical Height of Plant in Cultivation ie one metre, V = Vine. \*Fragrant \*\* Native To Australia, Rf Rain-forest Plant, Ed Edible. F Frost Resistant, Fm Moderately Frost Resistant. Suited to: A Mild Climates from Hervey Bay (+Nth Qld Tablelands) South to Wollongong, Sth Aust & WA. B Inland / Hot&Dry, C Cool Areas/ Tablelands, cool parts Tas&Vic, D Tropics, E Seaside Planting-Salt Spray. If we use a small a, b, c, or d indicates not known by us but worth a try with extra care and placement. Often our customers give feedback on these. In addition every climate has different microclimates and every backyard has its own microclimates with various degrees of protection against the elements. Microclimates can be created that allow one gardener to grow plants that the neighbour can only dream about.

**Western Australian, NT & Tasmania**  
Tasmania is sent every Monday. WA & NT Orders will be sent on the Following day: **Monday 20th May.** We need your order by 2.00pm AEST **Monday 13th May** as we go through an intricate Quarantine Approval & Inspection process & need to do this in one batch to make the process feasible. Air Delivery surcharge is 15% added on to your total order. We send Toll Air Priority. **No PO Boxes**

**Watering** Let it dry out a little between waterings. Dont overwater especially in winter.

**Fertiliser** Add slow release granules in spring. Use fish or kelp..dont overdo it. Use half strength foliage fertilizer.

**PS** We normally carry the most spectacular Anthurium andraeanum types with flowers from miniature right up to 20cm giants. We also often present unusual foliage species. ←

**FOCUS ON ANTHURIUMS**



Producing some of the most admired flowers on the planet Anthuriums come in about 1000 species that are native to South America.

They exist as both epiphytes and ground dwellers. Their Family is called Araceae (Aroids) and their Genus is Anthurium. Anthurium andraeanum and Anthurium schzerianum are the only Anthuriums that produce bright red bracts. These two species are the basis for modern day breeding programmes. Both the colourful spathe and upright spadix vary in size, shape, colour and texture. These two Anthuriums like to multiply. As the plant gets older and bigger so do its leaves grow bigger. As the leaves grow bigger so do the showy bracts.

**Anthurium Care** (see our Archived Video on our website) Anthuriums are easy care.

**Breeding** The true flower of the Anthurium is not the colourful bract (spathe) but a tiny little perfect flower on the spadix ...the upright structure on the spathe !! The flower is perfect because it contains both male and female structures. After fertilisation small berries form on the spadix which usually contain two seeds. New varieties are developed by cross breeding and multiplied by division, seed or cuttings in the form of tissue culture. Most trade plants are produced by tissue culture which in reality are tiny weeny cuttings placed in a petri dish, full of gel, where they grow roots and shoots under plant hormone stimulation.

**Drainage, Temperature & Light** - Anthuriums make good house plants but like good light. Outside they need to have filtered light or warm morning sun. The latest Holland hybrids are bred for cold hardiness and take temperatures at least down to 4oC while other anthuriums may burn off under 8oC. To be safe have under cover in cold winter areas.

**Potting Mix** The Anturium mix we make up is 50% standard well drained mix, 40% 10-15mm coarse aged pine park., Pot up gradually like an orchid don't overpot it.

9 PARADISE PLACE  
NAMBOUR QLD 4560

**APRIL - MAY 2024** Phone/Text 0408 687 109  
ON THE WEB AT [www.rareplants.net.au](http://www.rareplants.net.au)

**Paradise Distributors**

**Plants that come like presents!**

**100% Guaranteed Plants**

*Catalogue..Every 3 Weeks*  
*\$7.50 Free to Our Regular Customers*

*....Rare Palm with Striking Foliage!...*  
**MAPU PALM**

(90cmAbcD) **Licuala mattanensis 'Mapu'**. A low land palm with both unusual square ended fronds with striking speckled bright green/ yellow spots on the dark green leaves. A very unique palm that is highly sought after! Native to Borneo. Grows best in areas with high humidity. Prefers rich and well drained soil. These plants are multi stemmed. These are 5 leaf plants at 350mm tall. Sent in the 140mm diameter pots they are grown in.



.....Priced at \$140

*....One of the Prettiest....*  
**ANTHURIUM PURPLE LOVE**

(60cmAbcD) **Anthurium andraeanum 'Purple Love'**. Everyone loves this unusual Anthurium with medium sized striking pale purple flowers, newer flowers sometimes start with a tinge of white & green on the back edges and along with a dark purple spadix. Anthurium 'flowers' are actually showy bracts & are shiny, waxy and eye-catching. Needs warm humid conditions and good filtered light and can be grown indoors in winter.



.....Priced at \$15.90 each

**....Plants are Forever..**



## ALOCASIA EBONY

(60cm) *Alocasia amazonica* 'Ebony'. This amazonica variety has bigger velvety leaves..bigger than other varieties. Dramatic white veins jumping at you from dark green (almost black) leaves shaped like arrows. Takes low light. Prefers well drained soil. Keep soil moist. Deciduous in cold wet conditions...but comes back in spring. Keep drier in winter. Sent in 75mm diameter pots.



.....Priced at \$12.90 each (300 Parries)

## AGLAONEMA 'SILVER QUEEN'

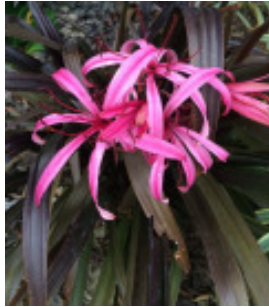
(50cmAD) *Aglaonema commutatum* 'Silver Queen'. Nicely marked succulent looking foliage with heavy silver splashes. Aglaonemas are soothing foliage plants that are great under dull light conditions. Amazing colours can now be yours also. Keep on the dry side when temperatures are below 20oC. Colour can vary depending on the light intensity. Great in a pot inside in cooler areas or outside or in a subtropical garden. Aglaonema are so easy care you cant go wrong because they love the shade they handle indoor conditions with ease and in warm areas they will light up any garden. They are tough & handle a variety of conditions and are relatively pest resistant and long lived. Sent in 75mm diameter pots.



.....Priced at \$12.90 each

## RED SWAMP LILY

(1m\*FABCDE) *Crinum* 'Menehune'. Gorgeous tall regal red spikes of big 10cm bright pink fragrant spidery flowers along with deep burgandy red leaved foliage. This is one of the hardiest of the Crinums and is drought tolerant and can be grown in waterlogged areas. It makes a large bulb 30-40cm long over time! Its wide strap like deep burgandy red spreading leaves will grow one metre tall and will keep its red colour! These spring-summer flower spikes really are massive with 12-20 big flowers and deeper red buds. This is a selected cross of *C. amabile* and a small species from the Caribbean. Grow in full sun to light shade. Sent in 75mm pots.



.....Priced at \$12.90 each (350 Parries) or 3 for \$33

## IXORA EXOTICA

(2mAbcDe) *Ixora coccinea* 'Exotica' will surprise you with its startling groups of large red flowers! The flowers starts off as a orange colour and turns red as it ages. A medium size shrub with dense large shiny green foliage. Keep moist in dry weather. Full sun to part shade. Sent in 75mm pots.



.....Priced at \$7.90 (150 Parries) or 3 for \$21

# Paradise Stock Plants

## Ferns

<i>Adiantum aethiopicum</i> (50cmAbcD) Aethiopicum Maidenhair.....	\$13.90
<i>Adiantum raddianum</i> 'Variegatum' (40cmABCD) Variegated Maidenhair.....	\$25.00
<i>Blechnum brasiliense</i> (1mAbcD) Red Brazilian Tree Fern.....	\$12.90
<i>Cyathea cooperi</i> (3-4m**ABDE) Australian Tree Fern.....	\$14.90

## Orchids

<i>Bassolaelia Morning Glory</i> (Seedlings).....100mm pots.....	\$33.00
<i>Dendrobium Airy White</i> .....white flwrs.....70mm pots.....	\$22.00
<i>Dendrobium Aung Char Yellow</i> .....yllw flwrs.....70mm pots.....	\$19.90
<i>Dendrobium vandoides</i> .....yllw white flwrs.....70mm pots.....	\$14.90
<i>Epidendrum Comet Valley 'Orange'</i> .....orange flwrs.....50mm pots.....	\$15.90
<i>Epidendrum Topaz Butterball</i> .....yllw flwrs.....90mm pots.....	\$25.00
<i>Phalaenopsis Fuller's 3545</i> .....pnk flwrs.....90mm pots.....	\$19.90
<i>Phalaenopsis Golden Apollon</i> .....yellow flwrs.....80mm.....	\$29.00
<i>Phalaenopsis Lianher Jellyfish</i> .....white flwrs.....70mm.....	\$22.00
<i>Phalaenopsis Lianher Squid</i> .....white flwrs.....	\$19.90
<i>Phalaenopsis Lianher Super Red</i> .....red flwrs.....	\$18.90
<i>Phalaenopsis Lianher Yellow Butterfly</i> .....yllw flers.....	\$19.90
<i>Rhyncholaeliocattleya Bangkok City</i> .....orange/yellow flwrs.....70mm pots...	\$14.90
<i>Rth. Shinfong Little Sun</i> .....compact catt.....orange flwrs.....70mm pots.....	\$25.00
<i>Rlc. Chunyeah 'Tzeng Wen'</i> .....yllw flwrs.....100mm pots.....	\$35.00
<i>Vanda Pachara Delight 'Pink'</i> .....pink flwrs.....50mm pots.....	\$15.90

## Palms & Cycads

<i>Carpentaria acuminata</i> (20m**AbcD) Darwin Palm.....	\$8.90
<i>Dypsis leptocheilos</i> (6mAbcD) Redneck Palm.....	\$9.90
<i>Licuala elegans 'sumawongii'</i> (5mAbcD) Elegant Fan Palm.....	\$18.90
<i>Licuala grandis</i> (3mAbcD) Fan Palm.....	\$18.90
<i>Zamia furfuracea</i> (1mFmABCDE) Mexican Cardboard Plant.....	\$12.90

## Shrubs & Outdoor

<i>Agapanthus 'Queen Anne'</i> (40cmFABCDE) Queen Anne Agapanthus.....	\$7.90
<i>Barleria cristata 'Jet Streak'</i> (1mAbcD) Barleria Jet Streak.....	\$8.90
<i>Brugmansia suaveolens 'White Ruffles'</i> (3mFmABCD) White Ruffles Angels Trumpet.....	\$12.90
<i>Jasminum multipartitum</i> (3m*AbCD) Starry Wild Jasmine.....white flwrs.....	\$8.90
<i>Liriope giganteum</i> (70cmFABCD) Liriope Evergreen Giant.....violet flwrs.....	\$8.90
<i>Lycianthes rantonnetti</i> (1.5mABCD) Blue Potato Bush.....	\$7.90
<i>Plectranthus hybrid</i> (75cmFmABCD) Mona Lavender.....	\$7.90
<i>Ruellia simplex</i> (1.5mABCD) Mexican Bluebell.....blue flowers.....	\$8.90
<i>Russelia equisetiformis 'Ruby Falls'</i> (1.5mFABCD) Russelia Ruby Falls.....	\$7.90
<i>Strobilanthes 'Darwin Bells'</i> syn. 'Pacific Bells' (2mAD) Darwin Bells.....pnk flwrs.....	\$7.90
<i>Zephyranthes candida</i> (15cmFmABCDE) White Crocus.....white flwrs.....	\$7.90
<i>Zephyranthes grandiflora</i> x Hybrid (20cmFmABCDE) Pink Rain Lily Hybrid.....pnk flwrs.....	\$7.90

## Anthuriums

<i>Anthurium Overflow Yellow</i> .....	\$25.00
<i>Anthurium Princess Amalia Elegance</i> (60cmAbcD).....	\$14.90

## Trees

<i>Peltophorum pterocarpum</i> (7m*AbcD) Yellow Poinciana.....	\$8.90
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IF YOU WISH TO RECEIVE OUR HARD COPY CATALOGUE IN THE MAIL PLEASE LET US KNOW OR IF YOU GET IT AND DON'T REQUIRE IN THE MAIL PLEASE ADVISE. Bob

# Paradise Stock Plants

## Foliage/Indoor Plants

Aglaonema commutatum 'Silver Queen' (50cmAD).....	\$12.90
Alocasia brisbanensis (1.5m+**RfAbcD) Giant Native Elephant Ear.....	\$12.90
Alocasia Stingray (1.5mAbcD).....	\$12.90
Aspidistra elatior (1mAbcD) Cast Iron Plant.....	\$8.90
Calathea orbifolia (40cmAbcD).....	\$8.90
Cordyline fruticosa 'Caruba Black' (40cmAbcD) Cordyline Caruba Black.....	\$8.90
Dracaena compacta.....	\$9.90
Ficus elastica 'Ruby'.....Ruby Indoor Plant.....	\$9.90
Kaempferia aff angustifolia 'Silver Streak' (40cmAbcD) Silver Streak Ginger.....	\$12.90
Scirpus cenuus (30cmFABCD) Fairy Lights.....	\$9.90
Spathyphyllum 'Viscount' (60cmAbcD).....	\$7.90
Syngonium podophyllum '3 Kings' (30cmAbcD) Syngonium 3 Kings.....	\$7.90
Thai Aglaonema No.5 (50cmAD).....	\$12.90
Zamioculcas zamiifolia (60cmAbcD) Zanzibar Gem.....	\$12.90

## Succulents

Aloe Hen Speckles.....	\$8.90
Cleistocactus samaipatanus (1.2mABCD).....	\$14.90
Gasteria brevifolia (30cmABCD) Gasteria 'Rabbit Ears'.....	\$14.90
Haworthia attenuata (20-30cmAbCD) Zebra Haworthia.....	\$12.90
Ledebouria socialis (25cmABCD) Leopard Lily.....	\$12.90

## Gingers & Heliconias

Alpinia galanga (2mEdABCD) Giant Pink Galangal.....	\$12.90
Costus comosus x productus 'Pheonix' (1.5mEdACD) Pheonix Ginger.....	\$12.90
Costus erythrophyllus (1mAbcD) Red Wine Costus.....	\$12.90
Costus lucanusiansus (2mAbcD) Sweet African Costus.....	\$12.90
Costus potierae (2m**RfAbcD) Showy Costus.....	\$12.90
Heliconia angusta 'Red Christmas' (1mAbcD) Heliconia Red Christmas.....	\$15.90
Heliconia rostrata (2mAbcD) Fishpole Heliconia.....	\$19.90

## Bromeliads

Alcantarea imperialis rubra (1mABCD) Giant Rubra Imperialis.....	\$12.90
Dyckia brevifolia (20cm) Pineapple Dyckia.....orange/yllw flwrs.....	\$12.90
Neoregelia species Tunisia (30cmABCD) Neoregelia Tunisia.....	\$15.90
Pitcairnia sanguinea (1mAbcD).....	\$12.90
Vriesea 'El Salmon' (40cmAbcD).....pink flwrs.....	\$12.90
Vriesea glutinosa (1mAbcD).....	\$12.90

## Philodendron & Monstera

Philodendron birkin.....	\$12.90
Philodendron erubescens 'White Princess'.....	\$29.00
Philodendron McColley's Finale.....	\$12.90
Philodendron Prince of Orange.....	\$12.90
Philodendron Rojo Congo.....	\$12.90
Philodendron Royal Queen.....	\$12.90
Philodendron squamiferum.....	\$15.90

## Natives

Isolepis nodosa (syn. Ficinia nodosa).....	\$7.90
Mischarytera lautereriana (15m+**FmRfEdAbCD) Rose Tamarind.....	\$8.90
Myriophyllum variifolium (50cm**AbcD) Native Water Milfoil.....	\$7.90

## UNUSUAL PLANTS

...Unusual Musical Flower...

### ROTHECA MUSICAL NOTE PLANT

(1mAbcD) *Rothea incisa* is a highly sought after plant for its unique flowering arrangement with its cluster of pure white dangling flowers resembling musical notes, hence its common name.

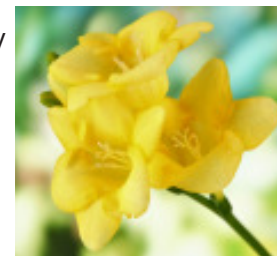


*Rothea incisa* is a compact medium sized shrub with light green foliage. Flowers during the warm months. Evergreen in warm climates and semi deciduous in cooler areas. Low maintenance. Prefers well drained soil. Full sun to part shade.

.....Priced at \$8.90 or 3 for \$23

### FREESIA YELLOW

(50cmAbcD) Wonderfully elegant yellow flowers on long stems. Sweetly scented too! Bright green grassy foliage. Makes excellent cut flowers lasting up to 3 weeks.



Native to South Africa. Prefers moist well drained soil. Full sun to part shade.

.....Priced at \$5.90(150 Parries) each

### FRIED EGG PLANT

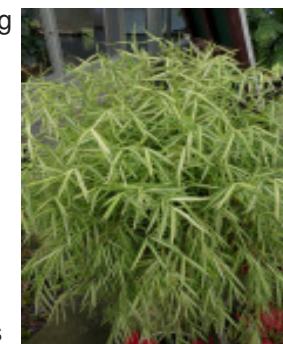
(3mAbcDE) *Gordonia axillaris* will surprise you with its unusual saucer shaped and sized fruit that look just like huge fried eggs on the tree and later on the ground when they fall. The fragrant flower has a ruffled edge and is pure white with a bright yellow stamens which is very prominent. Fried egg plant is a bushy shrub with glossy and leathery lance shaped leaves. Will grow from Syney or equivalent north or in protected frostfree coastal situations in the southern states. Sun or part shade.



.....Priced at \$7.90 (150 Parries) or 3 for \$21

### BAMBOO GRASS

(30cm ABCD) *Pogonatherum crinitum*. A clump forming compact grass (not a bamboo) with a bushy habit with tiny "bamboo-like" dense leaves. Interesting and beautiful in containers. It is also used worldwide as a houseplant. Plant in full to part sun and irrigate well.



.....Priced at \$8.90 each or 3 for \$23

**Most of our plants are sent in 75mm diameter pots they are grown in. Usually 20cm+ tall. Ferns are sent in their 100mm pots.**

...More than a Healthy Green...

## MALABAR SPINACH

(5mABCD) *Basella alba*. Crank up your strength & libido with this healthy green..

renowned for the purpose & shown scientifically to have this effect.



Malabar Spinach is a tender perennial. Its vigorous & will keep climbing so keep cutting it back and using it. According to the research it will stimulate testosterone production...please note that testosterone decreases with age & so this is a healthy way to keep strength at normal levels. Extremely good female tonic also. The tips of *Basella alba* can be tossed with garlic and olive oil in a hot pan for a minute, great thickener in stews. Also eaten raw & salads...mild spinach taste. Many culinary uses & vitamin & folate rich. Full sun.

....Priced at \$8.90 (150 Parries) or 3 for \$25

## Dendrobium farmeri

Long hanging glusters of white flowers with yellow throats. Flowers are 3cm across. Easy to grow and flowers easily. Needs warm shade-house conditions. Small plants in 70mm pots.



.....Priced at \$14.90

**Did you know** you can subscribe on our website at [www.rareplants.net.au](http://www.rareplants.net.au) to receive our Latest Free Online Catalogues

## BRUGMANSIA COLLECTION

### WHITE RUFFLES

#### ANGELS TRUMPET

(3m\*FmABCD) *Brugmansia suaveolens*

'White Ruffles'. Huge (25cm long) fragrant, white trumpet flowers in summer and autumn. Beautifully fragrant towards the evening. Native to the cool areas of South America.



....Priced at \$12.90 each (300 Parries) or 3 for \$33

### BRUGMANSIA 'BRUCES PINK'

(3m\*FmABCD)

Gorgeous huge pale pink coloured frilled trumpet flowers in late spring & summer.



....Priced at \$9.90 each (300 Parries)

### BRUGMANSIA

#### 'BRILLIANT ORANGE'

(3m\*FmABCD) Stunning deep orange flowers with the beautiful shape.



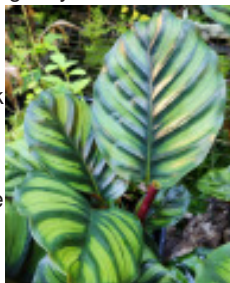
....Priced at \$9.90 each (300 Parries)

### All 3 Angels Trumpets for \$29

Coloured trumpet flowers in late spring & summer. Flowers have a sweet perfume scent. Very fast growing they have velvety light green foliage. Will survive a mild frost. Suited to all areas except the harshest. Full or part sun. Sent in 75mm pots.

## CALATHEA FASCIATA

(35cmAbcD) This is a highly colourful and decorative little foliage plant with huge glossy round mid to dark green leaves, marked with bright green stripes running parallel along the veins with a thin dark green line in the centre of those bright green stripes. The leaves have a maroon underside. Like other Calatheas may die back in winter if subjected to a long cold period. Keep it drier at this time. This is a gorgeous clumping indoor plant, native to South America. Like warmth and humidity and make a nice house plant or in the garden in the sub-tropics and warmer. Filtered light. Sent in 75mm diameter pots.



.....Priced at \$9.90 each (180 Parries)

## Rated Ten Times More Generous than the Credit Card Rewards Programs!

### Paradise Bonus Rewards System -

Each order we send out will have a voucher with bonus points (Parries) awarded. The bonus points will be on the basis of:  
10 Points (Parries) for every \$10.00 of purchases. Most plants we advertise in the main part of our catalogue will have its **Parry value to purchase** listed in brackets after the price. When you wish to use your Parries just send in your vouchers or fax or phone them. Remember the bonus point vouchers are dated and have an expiry on them and **once expired they are invalid**. The bonus points are known as 'Parries'. The Parries must accompany an order valued at \$20 or more. If the plant costs less than the Parries you hold we will send back change in Parries. Parries are not exchangeable for cash **nor deducted from an order** & are not transferable to another person. Simply choose your plant.

## MOSS

Like a lush green carpet. For terrariums, bonsai, landscaping and germinating ferns.



(Not for WA, NT & Tasmania)

....Priced at \$7.90 each (15cmx10cm)

## Paradise Stock Plants

We are holding stocks of the following plants at the moment. Availability is subject to orders. Descriptions can be found in past catalogues marked in brackets. Symbols are described in back page Key. Flower colour and time are abbreviated after brackets.

### Unusuals

Adiantum raddianum 'Variegatum' (40cmABCD) Variegated Maidenhair.....	\$25.00
Aeschynanthus evrardii 'Flaming Crystals' (40cmAbD) Flaming Crystals Lipstick Plant.....	\$8.90
Aeschynanthus radicans...Lipstick Plant.....	\$9.90
Barleria cristata 'Jet Streak' (1mAbcd) Barleria Jet Streak.....	\$8.90
Brugmansia 'Brilliant Orange' (3m*FmABCD).....	\$9.90
Eleteria cardamomum (1m**ABcD) Dwarf Cardamon Spice.....	\$9.90
Hoya liddleana (Vine*,**RfAbcd).....	\$25.00
Johannesteijsmannia altifrons (3-6mAbCD) Diamond Joey Palm.....	\$110.00
Kaempferia roscoeana (40cmAbcd) Flower - A - Day Plant!.....	\$9.90
Kerriodoxa elegans (4mAD) Giant Elephant Palm.....	\$110.00
Licuala elegans 'sumawongii' (5mAbcd) Elegant Fan Palm.....	\$13.90
Medinilla magnifica (2mAbcd).....	\$69.00
Rehmannia angulata (1.5mAbcd) Chinese Foxglove.....	\$9.90
Rhipsalis camposportoana (30cmABcD) Mistletoe Cactus.....	\$9.90
Syngonium podophyllum '3 Kings' (30cmAbcd) Syngonium 3 Kings.....	\$17.90

### Food & Herbal Plants

...For More... See Delicious Collections on the Centre Page

Curcuma longa (70cmEdAD) Turmeric.....	\$9.90
Gynura procumbens (1mEdABCD) Diabetes Plant.....	\$10.90
Mischaryteria lautereiana (15+FmRfEdAbCD) Rose Tamarind.....	\$8.90
Piper sarmentosum (80cmAD) Betel Leaf.....	\$12.90
Plectranthus amboinicus (45cmEdAbCD) Mother of Herbs.....	\$8.90
Tulbaghia violacea (35cmFABCDE) Society Garlic.....	\$8.90
Zingiber officinale (1mEdAbcd) Edible Ginger.....	\$9.90

**Please Note.** Plants from Paradise Distributors/Rareplants.net.au are sent in 75mm Pots+ unless specified....not 45mm tubes or bareroot like most other online nurseries. We sell a few in 45mm at a very low price and tell you. We do not bareroot plants at Rareplants...as do most eBay sellers...Beware. We have just one postage charge for multiple plants(as many as you want)....not one plant per postage charge!!



Ginger

**Flowering Native  
.....Bird Attracters**



...Handsome Native with  
Eyecatching Flowers...

**HAIRY PEA BUSH**

(1.3m\*\*FABCD) **Pultenea villosa** is a wonderful small weeping native shrub with attractive bright



masses of yellow & red pea type flowers from winter to summer. The foliage is fine, weeping and a feature but when it flowers for up to 6 weeks at a time it really sets this one off. There are 120 species of Pea Flower (Pultenea) in Australia and many of them are called Bacon & Eggs due to the contrasting flower colours and quite a few are handsome. Native to NSW & QLD and is drought and frost resistant. Needs a well drained situation in full sun to part shade.

.....Priced at \$8.90 each

**DAWSON RIVER WEEPER**

(4m\*\*FABcD) **Callistemon 'Dawson River'** is a delightful Bottlebrush with hanging branches that meet the ground. Bright red brushes and in warmer climates flowers for most of the year. This is a native of Dawson River in Central Qld and is frost hardy. Makes an excellent specimen plant and a nice screen. Dawson River Weeper is an undescribed species and has an affinity to *Callistemon viminalis*. Full sun. ....Priced at \$7.90 or 3 for \$21



.....Priced at \$7.90 or 3 for \$21

These are sent in long native tubes

**DWARF PLUM PINE**

(1.5m\*\*FRfEdABCDE) **Podocarpus spinulosus**. Dwarf Plum Pine is an unusual understory rain-forest shrub with attractive thick stiff shiny narrow leaves and pink new growth. The dense foliage contrasts with its black trunk. Bird attracting with black edible grape like fruit that tastes like a slightly aromatic plum. Prefers well drained soil. Even can grow in sandy soils. Native to warm coastal regions of NSW to QLD. Will grow nicely in a container. Part shade. ....Priced at \$12.90 each



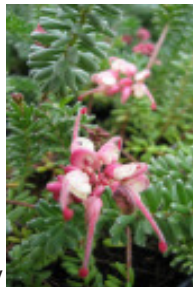
**GREVILLEA AMBER BLAZE**

(1m\*\*FABCDE) **Grevillea banksii formosa 'Amber Blaze'** will give you masses of big hanging showy orange coloured flowers for most of the year which attract honey eating birds. Amber Blaze is a lovely shrub, worthy of a place in any garden. Requires reasonable drainage. Full sun. ....Priced at \$7.90 each



**PROSTRATE WOOLY GREVILLEA**

(30cm\*\*FABCD) **Grevillea lanigera 'Mt Tamboritha'**. Makes a completely prostrate shrub with a spread of 1.5m. The unusual fleshy flowers occur in clusters from the ends of the branches and are mainly red or pink with tones of white or yellow. Flowering occurs mainly in winter and spring and spasmodically at other times of year. Soft grey hairy foliage. Frost hardy. Makes a great feature, screen or hedge plant. Full sun. ....Priced at \$8.90



**CANTERBURY BELLS**

(2mAbcD) **Gloxinia perennis** Showy bell shaped creamy pink flowers. The flowers have a mint like scent, blooming from summer to autumn. Large fuzzy dark green leaves with serrated edges, growing on an upright stem from an underground scaly rhizome. Native to South America. This is quite a robust plant, perfect for rockeries, water banks and tropical gardens. Moist soil. Prefers to be in a humid and shady or filtered sunlit spot. Sent in 75mm pots.



.....Priced at \$8.90 each

**DIABETES PLANT**

(1mEdABCD) **Gynura procumbens**. A reknowned reputation as a blood balancer. Reports are that if Diabetics eat 6-12 leaves a day they will no longer require insulin. Diabetes Plant is reputed to have other medicinal values like lowering cholesterol, lowering blood pressure and inhibiting cancer cells. Diabetes Plant tastes fine and can be eaten raw, in smoothies, salads and stir fries. Good in a tea. Fast growing in all areas....fleshy leaved evergreen. Full sun light shade.



.....Priced at \$10.90 each (150 Parries) or 3 for \$29 or 5 for \$39

**IVORY CURL FLOWER**

(3mRfFmABCDE) **Buckinghamia celcissima** will present you with long hanging cascades of sweetly scented creamy white flowers in summer. Branches are held close to the ground making it an excellent screen plant. From the higher altitude rainforests of Nth QLD. Good in the garden or in a tub. Full sun or part shade.



.....Priced at \$8.90 (180 Parries) or 3 for \$23

**MONA LAVENDER**

(75cmFmABCD) **Plectranthus plepalila** will give you masses of sprays of lovely soft lavender flowers dashed with purple markings. It flowers from autumn right through winter and then into summer if you pinch it back. The 75cm plant forms a dense rounded foliage with smaller shiny purple backed leaves. Sun or shade and flowers in the shade also. Will take a light frost only.



....Priced at \$7.90 (150 Parries) or 3 for \$21

If you want to see more of our plants. Check out the shop on our website by scanning the QR code



## BURDEKIN PLUM

(8m\*\*ABCD) *Pleiogynum timorense* is a lovely native tree with edible purple plum like fruits about 4cm across.

Very attractive with red new growth, rough bark and a dense



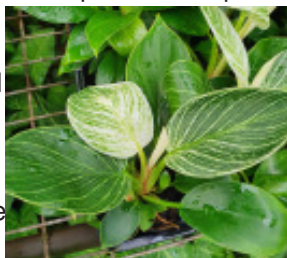
crown ...making it a great shade tree. This amazing small tree is highly suited to planting in the dry inland and also cool areas. They withstand frost by becoming deciduous in winter. Burdekin Plum comes from Gympie and Central QLD in dry and subtropical rainforest. Full sun or light shade. Sent in 75mm diameter pots.

.....Priced at \$9.90 (200 Parries) or 3 for \$25

## PHILODENDRON BIRKIN

Enjoy this fabulously foliaged indoor plant. Philodendron birkin in particular is quite a

standout plant with its white stripes pointed foliage against its dark green background.



New leaves are completely white and will get darker as they age. This is an ideal landscaping plant due to its compact growth and can be grouped together. And is also excellent as an indoor plant! Let it dry out a little between waterings. Bright indirect light. Sent in 75mm diameter pots.

.....Priced at \$12.90 each (200 Parries) or 3 for \$33

Thank you for your Referrals. We appreciate them very much.

.....From Bob & Bev

## CALIPHRURIA

(40cmAbcD) *Caliphruria subdentata*. Ideal indoor plant with beautiful shiny

green leaves that are attractive in their own right, produces lovely waxy fragrant



white flowers. Previously known as *Eucharis fosteri*. Suitable for all indoor situations, including low light positions. Easy to care for, watering between dryings. Filtered light.

Sent in 75mm diameter pots.

.....Priced at \$9.90 each

## GRAND BALSAM

(1mAbcD) *Impatiens grandis*. A spectacular and unusual rare Impatiens

with big gorgeous 5cm orchid like white hooded flowers with ornate red



splashes. Lovely small light green rounded foliage and contrasting red stems. This is an upright plant which you can shape as you like. Keep out of the frost. From India and Sri Lanka. Morning sun through to heavy shade.

Sent in 75mm diameter pots.

.....Priced at \$12.90 (250 Parries) each or 3 for \$33

## FABULOUS ORCHIDS

### *Epidendrum Stamfordianum*

Beautiful species that produces branching sprays of approx 20mm sized honey coloured flowers overlaid with fine spotting. Grow under Cattleya conditions. 50mm pots

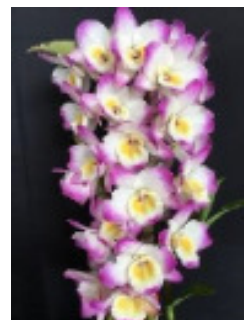


.....Priced \$17.90 each

### *Dendrobium*

#### *Golden Diamond*

New release softcane mericlone type, approx 130mm high plants in 50mm pots.



.....Priced \$15.90 each

### African Violet Hybrids

#### Named Varieties

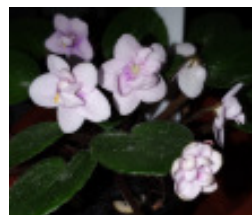
We have 2 in 50mm pots.

- **Bindi**

Pink flowers

- **Optimara Little Pearl**

White flowers with pink tinge in the center.



Optimara Little Pearl



Bindi

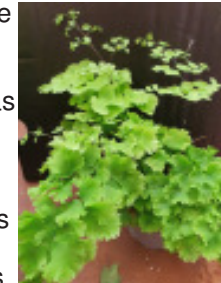
Priced at \$11.90 each or Both African violets for \$22

www.rareplants.net.au is our website

## FERN COLLECTION

### LADY MOXON MAIDENHAIR

(60cmAD) *Adiantum tenerum* Lady Moxon. One of the most sought after Maidenhairs this fern is large and has attractive weeping fronds with broad pinnules. Several bright green shades on the one plant and in 100mm pots.



.....Priced at \$14.90 each (300 Parries)

### AUSTRALIAN TREE FERN

(3-4m\*\*ABDE) *Cyathea cooperi* is an extremely attractive fast growing native tree fern with lacy fronds and this one will grow in full sun if hardened slowly. Will come back from a frost. Hardy, fast & gorgeous. Grows in all areas except



the cool temperate. Native to Eastern Australia from the Illawarra to Cooktown. Sent in 100mm pots.

.....Priced at \$12.90

### HEART FERN

(40cmABCD) *Hemionitis arifolia*

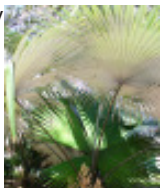
This is a beautiful small fern with heart shaped leathery leaves. Mature fronds stand up above the plant producing spore and vegetative buds in the cleft at the base of the blade. Ideal for indoor pots or bush-house. Do not over water. Filtered light. Sent in 100mm pots.



.....Priced at \$12.90 each (300 Parries)

**THESE 3 FERNS FOR \$38**

**GIANT ELEPHANT PALM** (4m)  
**Kerriodoxa elegans** (White Backed Palm).  
 Recently named and only discovered in 1929.  
 This is a rare and amazingly beautiful palm with huge glossy green, solid fan fronds one meter across. Eyecatching white on the under surface. Endemic to Thailand. Grows well from Sydney or equivalent to the north. Large 5 leaf plants 60cm tall in 15x15x20cm square pots. Sent loose rooted with roots intact. ....Priced at \$110 each



**CORDYLIN CARUBA BLACK** (40cm)  
**Cordyline fruticosa 'Caruba Black'**.  
 Lovely shiny black foliage. Scented white flowers held on spikes above the foliage. Its shortish broad leaves form rosettes around the narrow stem. Cordylines give colour to your garden all year round. Good garden feature plant. Full sun or shade. ....Priced at \$8.90 each



**MONA LAVENDER** (75cm)  
**Plectranthus Hybrid** will give you masses of sprays of lovely soft lavender flowers dashed with purple markings. It flowers from autumn right through winter and then into summer if you pinch it back. The 75cm plant forms a dense rounded foliage with smaller shiny purple backed leaves. Sun or shade and flowers in the shade also. Will take a light frost only. ....Priced at \$7.90 (150 Parries) or 3 for \$21



**BODHI TREE** (9m)  
**Ficus religiosa** is the famed tree under which the Buddha sat for 6 yrs when he attained enlightenment. You will find it in and around every Buddhist Temple! Also a magnificent signature tree that can also be kept in a pot. Very popular for Bonsai. Its heart shaped leaves have a pointed drawn out end. It must be pollinated by a special wasp. Love full sun & can be grown in the shade. ....Priced at \$18.90 each



**ZANZIBAR GEM** (60cm)  
**Zamioculcas zamiifolia**  
 Due to its small size & attractive foliage, its air purifying ability and low light & water requirement makes Zamioculcas zamiifolia a great indoor plant, especially in your office areas! It's glossy green foliage helps bring colour indoors of your home or work office. Flowers usually around mid summer, the flower is a yellow to bronze spadix with a green spathe. Can go a long time without water. Avoid overwatering. Part shade. ....Priced at \$12.90 each (300 Parries)



**CLEOME SENORITA LUNA** (50cm)  
**Cleome spinos 'Senorita Luna'**.  
 An absolute flowering stunner. Will bloom pure white flowers right through spring, summer, autumn and will even flower through winter in warmer areas! Excellent as a landscaping hedge plant with its contrasting white flower and bushy green foliage. Easy to grow and to maintain once established. Pruning spent flowers will encourage more flowering. Native to South America. Full sun. ....Priced at \$7.90 (150 Parries) each or 3 for \$21



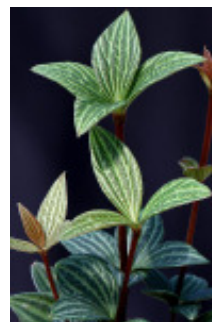
....Red & White Flowers in Winter....  
**HELICONIA RED CHRISTMAS** (1m)  
**Heliconia angusta 'Red Christmas'**. This is a magnificent Heliconia which will amaze you with its striking bright red and white flowers during winter and spring! The flowers are long lasting and excellent for cut flowers. This is an attractive dwarf clumping variety good in a tub or in the garden. Keep this one in a warm, moist partly shaded position in well drained mix or soil. Known to flower in Sydney and Perth. Shooting in 70mm pots. ....Priced at \$15.90 each (400 Parries)



**HOYA LIDDLEANA**  
 This is a rare Hoya I collected in the Milne Bay area Papua New Guinea in 5-6 years back. Named recently in honour of Iris Liddle & David Liddle (Late) ....famous hoyo pioneers. The huge ribbed flowers are maroon and cream centred in clusters of 3 or more. It has quite long and thickish pointed crinkled leaves which may take a while to fully develop. Likes bright light under light shade and grows quickly here in Nambour. Hardy at least to 4oC. Recently verified by QLD. Herbarium. **Max. Two Per Customer!** ....Priced at \$25.00 each



**PARALLEL PEPEROMIA** (45cmAbCD)  
**Peperomia puteolata**  
 An unique peperomia that stands out among the others of the same species. Whorls green and white striped leaves on a striking red stem. The arrangement gives this peperomia a very elegant look. Upright grower and an indoor plant. Can survive outside in sheltered areas. Benefits from light pruning. Keep soil moist. Native to south America. Part shade. ....Priced at \$8.90 each (250 Parries) or 3 for \$23



....Rare and Unusual Medinilla!...  
**ORANGE MEDINILLA** (50cmAbcD)  
**Medinilla scortechinii**  
 Spectacular medium Medinilla with upright bright orange 3cm flowers. The flowers present on coral like stems that are also bright orange! Something different and this arrangement lasts for months. Attractive medium pointed green foliage. This extraordinary plant provides lots of branchlets for these rare flowers. Has epiphytic tendencies...so can grow on a tree or in a pot. Amazing indoors indoors in bright light. Native of the Phillipines. We are finding this plant quite cold hardy down to 5oC here and is suitable to all frost free climates, otherwise very sheltered inside in winter. Well drained soil....don't overwater. Shade or filtered light. **One per Customer!** ....Priced at \$39



....Gorgeous Big Soft Foliage....  
**ALOCASIA GREEN VELVET** (30cm\*ABCD)  
 This is a gorgeous dwarf Alocasia with 20cm leaves. They are green & attractively white veined. Like velvet to touch but quite thick. Alocasia Green Velvet is fantastic on a verandah or balcony table. Deciduous although can be kept with foliage right through winter if warm and dry. Good little multipliers! Filtered Light. Sent in 75mm pots. ....Priced at \$12.90 (220 Parries)



...Great Multiplier in a Ginger Patch...  
**EDIBLE GINGER RHIZOME** (1mEdAbcD)  
**Zingiber officinale**  
 Edible ginger we know so well. Actually it is the rhizome (thickened root) we use in cooking. Rich green lance shaped leaves and yellow green and purple unusual and attractive flowers from ornamental cones! This is a perennial plant and dies down in winter to reemerge in spring, growing off its rhizome. Its the rhizome we eat. Native of Southern Asia and likes warm conditions in part shade or light sun. Sent as plants in 70mm pots....Priced at \$9.90 (180 Parries)



**PLANT LOVERS GIFT VOUCHER**  
 Do you have enough Perfume, Chocolates and T-shirts etc? If so why not put the word out to your loved ones that you would really enjoy a **Plant Lovers Gift Voucher!** **Can be ordered online for any amount or phone Bob direct on 0408 687 109.**



## DELICIOUS PLANTS

### Delicious April-May Collection 1

**Turmeric** (70cmEdAD) *Curcuma longa*. One of the key ingredients for many Asian & Persian dishes such as in curry & more. Ancient Indian medicine. Used as a powder but also used fresh, much like ginger. Warm conditions but a cold winter will not harm the foliage as it is deciduous. Full sun or shade.



.....Priced at \$9.90 each or 3 for \$27

### **Betel Leaf** (80cmAD) *Piper sarmentoum*.

Lovely spicy flavoured leaves. Popular in south east Asian cooking. Have a go raw or cooked in a salad or use as a wrapping. Prefers well composted, moist, well drained soils in a protected, sunny position. Full sun to part shade.



.....Priced at \$12.90 (250 Parries) each or 3 for \$33

### **Diabetes Plant** (1mEdABCD)

#### **Gynura procumbens.**

tastes fine and can be eaten raw, in smoothies, salads and stir fries. Good in a tea. Fast growing in all areas... fleshy leaved evergreen. Full sun light shade.



.....\$10.90 ea (150 Parries) or 3 for \$29 or 5 for \$39

**ALL THREE FOR \$27.00**

### Delicious April-May Collection 2

#### **Mother of Herbs** (45cmEdAbCD)

#### **Plectranthus amboinicus.**

Aromatic green leaves that is nicely flavoured. Used as stuffing for meat & poultry. Propagated by cuttings. Good indoors with natural light. Well drained soil. Full sun to part shade. ....Priced at \$8.90 each (150 Parries)



#### **Edible Ginger** (1mEdAbcD)

**Zingiber officinale.** It is the rhizome (thickened root) we use in cooking. Dies down in winter to reemerge in spring, growing off its rhizome. Likes warm conditions in part shade or light sun.



.....Priced at \$9.90 (180 Parries)

#### **Rose Tamarind** (15m+EdAbCD)

#### **Mischarytera lautereriana.**

The orange summer fruit can be eaten fresh and used to make a pleasantly tangy & juicy drink! Very easy to grow! Can tolerate light frost. Grows up to 15m. Full sun to part shade.



.....Priced at \$9.90 (200) each or 3 for \$27

**ALL THREE FOR \$26.00**

## OUR HOYA COLLECTION

*A Home is not a Home*

*....Without a Hoya*



### APRIL-MAY HOYA COLLECTION 1

**HOYA INCRASSATA** - From 30 to 80 flowers in large heads on this lovely fragrant hoya. The flowers are strongly reflexed with a yellow base and white corona. Light shade. Its attractive leaves are quite thick and long & pointed. ....\$12.90

**HOYA OBSCURA** - (M) Big 10cm clusters of bright fragrant flowers that have yellow centre & white edges. soft gold toned veined foliage. ....Priced at \$12.90

**HOYA KRIMSON PRINCESS** - *Hoya carnosa* 'Krimson Princess'. Hanging with lots of light to dark pink flowers with dark red magenta centers. Green leaves with white edges and some entirely white leaves. ....Priced at \$12.90 each

**THESE THREE HOYA FOR \$35.00**

### APRIL-MAY HOYA COLLECTION 2

**HOYA MINIBELLE** - *Hoya longifolia* 'Minibelle'. Hanging with lots of fuzzy light pink flowers with white and dark red magenta centers. Green leaves. Well drained soil. Bright indirect light. ....Priced at \$12.90 each

#### **HOYA BURTONIAE**

Clusters of strongly recurved pink-purple fragrant flowers with yellow corona, spherical appearance. Up to 20 flowers per umbel. Part shade ....Priced at \$12.90 each

#### **HOYA AUSTRALIS COMPACTA**

(V\*\*AbcD) Lovely native compact Hoya with a large clusters of star shaped fragrant white red centred flowers. Smaller furry leaves than Hoya australis and more compact growth. Spicy fragrance. Full sun to light shade. Moderate climates.....Priced at \$12.90

**THESE THREE HOYA FOR \$35.00**

### APRIL-MAY HOYA COLLECTION 3

#### **HOYA NABAWANENSIS**

Hanging cluster with lots of small fuzzy white edge flowers with pink towards the center and with a pale yellow corona. Mid green foliage with silvery white specks. Bright indirect light.....Priced at \$12.90 each

#### **HOYA PUBICALYX 'RED BUTTONS'**

Dark red flowers, almost black appearance. Bright burgundy corona. Very hardy and can dry out a little between waterings. Needs to be under well lit hard shelter in winter in all climates except tropical where shadecloth is OK. ....Priced at \$12.90 (300 Parries)

#### **HOYA AUSTRALIS**

(V\*\*AbcD) Hoya Australis. Provenance Nambour. Large clusters of star shaped fragrant white red centered flowers. ....Priced at \$12.90 (250 Parries)

**THESE THREE HOYA FOR \$35.00**

### **Key to Cold Tolerance:** Letter after

Hoya Name: C=Cool Growing, M= Intermediate Temperatures W=Warm Growing-Sub Tropical+ Note: Cool Growing will also thrive in the hotter conditions but the warm growing do not appreciate the cooler conditions.



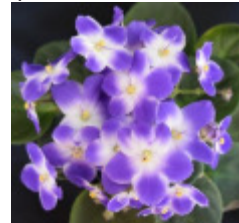
## MINI AFRICAN VIOLETS



Bindi



Optimara Rose Quartz



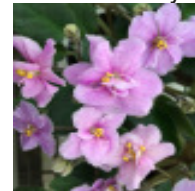
Monet



Frosted Denim



Child's Play



Little Pro

....Priced at \$11.90 each

Also see latest Collection of 2 and 'The Mystery Four... Rarely Seen'

## MOSS

Like a lush green carpet. For terrariums, bonsai, landscaping and germinating ferns.



(Not for WA, NT & Tasmania)

....Priced at \$7.90 each (15cmx10cm)

## WHITE CRINUM LILY

(1mABCD) *Crinum powellii alba*. Lots of big pure white fragrant flowers from a single bulb will delight you with this clumping South African plant. The flowers come around Christmas time. This is a very hardy plant. Long flat dark green leaves come right from the bulb at ground level. Good in the ground or in a pot in full sun down to part shade. These plants are sent in 70mm pots.



.....Priced at \$15.90 each

## HOYA NABAWANENSIS

Hanging cluster with lots of small fuzzy white edge flowers with pink towards the center and with a pale yellow corona. Mid green foliage with silvery white specks. Bright indirect light.



.....Priced at \$12.90 each



# NEWSLETTER APRIL - MAY 2024

If you think Autumn is a relaxing time to enjoy then we agree. Usually perfect weather day after day it is easy to take it for granted but this would be a travesty. For our plants this is also the time for them to relax from the heat and the pests....the time to get quality growth, to multiply and for many to flower. Hope you are able to make the most of this fabulous time of year. All the Best.

From Bob & Bev Chalmers



..A Smile is the beginning of Peace. ...Mother Teresa

## DID YOU KNOW

**\*Why is there is no ham** in a hamburger? During a trip to Asia in the early 1800s, a German merchant - it is said - noticed that the nomadic Tartars softened their meat by keeping it under their saddles. The motion of the horse pounded the meat to bits. The Tartars would then scrape it together and season it for eating. The idea of pounded beef found its way back to the merchant's home town of Hamburg where cooks broiled the meat and referred to it as it as Hamburg meat.

**\*The Mercedes car** is named after an Austrian girl. In 1897, Austrian businessman Emil Jellinek, travelled from his home in Nice, France to purchase a car from the Daimler factory in Cannstatt, Germany. On his return to the French Riviera, his sporting Daimler Phoenix caused such a sensation that he decided to enter it into a local touring competition, under the name of "Mercedes" after his favourite 9 year old daughter. Realising the business potential for the new car, he not only placed an order for 36 more, but also secured the franchise for selling them in several countries. **Gottlieb Daimler** also agreed to having them sold under the name of 'Mercedes.'

**\*365 different languages** are spoken in Indonesia. Indonesia is the 4th most populous country in the world, with 216 million people. The 300 ethnic groups speak 365 different languages. Bahasa Indonesia is the official language. Other languages include Acehnese, Ambonese, Batak, Buginese, Ceramese, Dayak, Halmahera, Javanese, Minahasa, Sundanese, Sasak, Tetum, and Toraja.

**Wishing Happiness** Try saying this silently to everyone and everything you see for thirty days: "I wish you happiness now and whatever will bring happiness to you in the future." If we said it to the sky, we would have to stop polluting; if we said it when we see ponds and lakes and streams, we would have to stop using them as garbage dumps and sewers; if we said it to small children, we would have to stop abusing them, even in the name of training; if we said it to people, we would have to stop stoking the fires of enmity around us. Beauty and human warmth would take root in us like a clear, hot day. We would change.

.....Joan Chittister

HOW TO GROW A RICH LIFE WITH PLANTS

## SACRIFICIAL BEER & COST CUTTING

Last week a truckie brought in a load of mulch for our landscaping and while having smoko related this story which we did not think a bit funny.

'I don't understand' said Mick. '-After our last child was born, she told me we had to cut back on expenses - I had to give up drinking beer. I was not a big drinker, maybe a carton on weekends. Anyway, I gave it up but I noticed the other day when she came home from grocery shopping the receipt included \$45 in makeup. I said, "Wait a minute I've given up beer and you haven't given up anything!" She said, "I buy that makeup for you, so I can look pretty for you." I told her, "rack off, that's what the beer was for!"

## Happy Plants & Happy You.

1. There are millions of plant species and every plant has its own requirements for light, sun, moisture, nutrients, space and propagation. This is what makes living with plants so fascinating.
2. Look after them and they will give you food, shelter, fuel, oxygen, beauty, fragrance and a beautiful environment that we and all the other animals & species need to survive.
3. People cannot be happy unless out in nature. That's because we are natural beings....just a part of nature.. Notice how those confined inside become stressed and anxious.

## Genesis Seed Mix now has its own website.

### Attn Diabetics & Healthy Food People

[www.Superfoodau.com](http://www.Superfoodau.com) Please have a look... you can order it here on this website or there on [Superfoodau.com](http://Superfoodau.com) or Phone Bob direct on 0408 687 109.

That's Why.. I'm Slim Healthy & Happy. Lily



## Olly and Busby Thrive on Genesis Seed Mix Geneses 1:29 is great for People & great for your Dog.

If you wish to give your dog a genuine High Nutrient Supplement go no further than Genesis 1:29.

There are numerous articles from Vets about the benefits of the seeds in our mix for your Dog. Olly chases me every morning for his share from my breakfast. Us humans only require 40 grams per day however a 7kg dog requires only 4 grams per day. This means an 800 gram Packet of Gen 1:29 will last your canine friend 200 days.

It will improve heart health, inflammation and all the same benefits humans get.

You can get Genesis 1:29 from our rareplants website on [www.rareplants.net.au](http://www.rareplants.net.au) or on our dedicated [superfoodau.com](http://superfoodau.com) website (dedicated to Genesis 1:29) where you can see Olly knocking down his Genesis Superfood breakfast.



## IT'S UP TO THE PLANT LOVERS TO KEEP ON PLANTING!!

The only proven way to improve earths climate and nature in general is to nurture more plants for food and building materials but especially for our wildlife and our own natural well being. Then we will turn deserts to forests, create timber and food, increase rainfall and humidity and provide wildlife habitat. And hopefully pacify the Anxious to bring them Peace.

