## ...Low Freight Rates...

No matter how many plants are in your order our postal charge is the same low rate for the whole order. QId \& NSW $\$ 18.00$, Vic - $\$ 22.00$,S.A -\$26.00, WA, Tas \& NT -\$49 costs). *Please note: The post \& packing charge is for the whole order not each charge
plant. Unless specified plants are sent in long plant. Unless specified plants are sent in oing
pots 70 mm wide.Our plants are specially pots 70 mm wide. Our plants are specially
treated to ensure they travel well and in remote treated to ensure they travel well and in remote
areas are able to travel up to two weeks areas are able to travel up to two weeks
withoutilleffects. Our unique packaging method withoutill effects. Our unique packaging method has been giving great results for 31 years, You can either plant them straight into the garden, hold them in their pots or repot them with the pots of your choice. Plants that grow in full sun have been hardened to full sun conditions. Key: 1.0 m Typical Height of Plant in Cultivation ie one metre, $V=$ Vine.* Fragrant ** Native To Australia, Rf Rainforest Plant, Ed Edible. F Frost Resistant, Fm Moderately Frost Resistant. Suited to: A Mild Climates from Hervey Bay (+Nth Qld Tablelands) South to Wollongong, Sth Aust \& WA B Inland/Hot\&Dry, C Cool Areas/ Tablelands,cool parts Tas\&Vic, D Tropics, E seaside Planting-Salt Spray. If we use a small a,b,c,ord indicates hot known by us but wortn a ry give feedback on these In addition every climate has different microclimates and every backyard has its own microclimates with various degrees of protection against the elements. Microclimates can be created that allow one gardener to grow plants that the neighbour can only dream about.
Western Australian, NT \& Tasmania Tasmania is sent every Monday. WA \& NT Orders will be sent on the Following day: Monday 8th April. We need your order by 2.00 pm AEST Monday 1st April as we go through an intricate Quarantine Approval \& inspection process \& need to do this in one batch to make the process feasable. Air Delivery surcharge is $15 \%$ added on to your total order. We send Toll Air Priority. No PO Boxes caused by high blood sugar. It also lowers blood pressure, cholesterol and triglycerides, and has anti-inflammatory and antiviral ac tion. Diabetics who use the herb have experienced very satisfying results in lowering glucose levels, and normalising the blood sugar.
Now for non-diabetics, it is said, the herb does not have this lowering glucose level affect, and it is interesting, that, non-diabetics are able to get the other therapeutic benefits of Sambung without the danger of having their blood sugar levels manipulated below normal 12 levels.

## FOCUS ON THE DIABETES

PLANT Notes from Isabelle Shippard
DIABETES PLANTSAMBUNG (Gynura procumbens) It is a hardy perennial, of the Asteraceae family to which daisies belong, and includes many plants useful to man, eg. German chamomile, echinacea chamomile, echinacea, dandelion and St. Mary's
dandelion and St. Mary's
thistle. The plant is well known in South East Asia thistle. The plant is well known in South East Asia, with folklore medicinal uses in China, Indonesia, Malaysia and Thailand, and the leaves of the plan are also eaten as a vegetable. Leaves have a mild flavour (some people say far better than spinach as a vegetable, while others say the leaves taste like green beans) and can be used raw in salads, added to soups, stir-fries, casseroles, condiments and sauces, rice dishes and other savoury meals. And when growing very well, and leaves are in excess, feed some to laying hens, or grow some plants in a poultry forage system
Sambung Leaves Many people just make it "a way of life" to eat 2-3 leaves a day, for the many benefits to health the plant may provide.
The herb has been noted for anti-viral, anti-inflammatory, anti-histamine, anti-pyretic, anti-oxidant, anticancer, anti-ageing, anti-allergy properties, and also actions as a blood cleanser, tonic, diuretic and pain killer Ilsabelle listed many human problems including male and female reproductive health that can be found on our website
www.rareplants.net.au...search Diabetes Plant to see the full list with more testimonials. Many people from South East Asia know the herb as 'life extender'. Fred who visited the Herb Farm ask ing for the Sambung plant to grow, told me of his aged aunt, who started taking Sambung daily since 1988 as she had been diagnosed with kidney and bladder cancer, and 20 years later Fred said, she is still alive and active; a 'life extender' for Fred's aunt. Sambung contains asparaginase. Asparaginase is an enzyme that has been found to lower levels of acrylamides in the body. Researchers say acrylamides are seen as cancer causing sub stances, that are created when some foods are fried, baked, grilled or roasted. Acrylamides have also been found in foods, grown on mineral deleted soils The addition of asparaginase to foods is one strategy to lower acrylamide levels in foods, and strategy to Sach this is where Sampro netur by ealng a few leaves dally, we provide a natural source of aspara ginase. Any herb, a natures remedy, that we can grow and use regularly for well-being, is most worth while.
Research has shown that it is an efficient regulato of blood sugar, and that the herb is also found to protect the kidneys, and also retinas, from damage


## Leaves as big as a Volkswagen! DÏMMOND JOEY PALM

(3-6mAbCD) Johannesteijsmannia altifrons is a stunning and spectactular medium sized trunkless palm with huge undivided
diamond
shaped palm leaves! The palm growing up to 6
 meters tall and 3 meters wide in good conditions. Long and wide undivided green leathery leaves with a serrated edge are often used in thatched roofs. Surprising cold tolerant given its tropical look and native location which is in South East Asia. Prefers well drained soil in a warm and shelter position with filtered light. Grows well from Sydney or equivalent to the north. These are large 4 leaf plants 50 cm tall in $15 \times 15 \times 20 \mathrm{~cm}$ square pots. Sent loose rooted with roots intact.
..Priced at $\$ 110$ each

## Gorgeous Hard Cretaceous Skin..

## RHINO SKIN ALOCASIA

(30cmABCDE) Alocasia melo. Very striking and different to most Alocasias! This is a very attractive and striking house plant with green patterned leaves with a rough texture with deep veins. The leaves have a croc like texture. Easy to grow and is excellent indoors Great feature. Native to Malaysia Canbe planted outdoors as long it's kept in a shady position. Prefers a well drained mix. Indirect brightlight. We have grown a lot and this is your chance to get these at our temporary low price. Sent in 75 mm pots......Priced at $\$ 12.90$ each (250 Parries)


## PHEONIXGINGER

(1.5mEdACD) Costus comosus $\mathbf{x}$ productus 'Pheonix' will leave you incredulous with its magnificent bright red beeswax cone like flowers in a towerformation from spring onwards. Sprouting out yellow flowers from the red cone. The yellow flowers
 reportedly edible with light sweet ginger flavour. These amazing flowers can be retained on the plant for up to nine months. Lovely strong clumping plant with broadish light green foliage. Cold tolerant. Part shade. Sent in 75 mm diameter pots.
.....Priced at $\$ 12.90$ each (300 Parries)

## ..Speccy Striped Flowers...

## BARLERIA JET STREAK

(1mAbcD) Barleria cristata 'Jet
Streak'. Masses of spectacular mauve and white striped flowers. Flowering from Spring to autumn. Light green foliage.
Greatfor tubs, borders, patios, accentfoliage and as a garden specimen. Ideal small

shrub for a sunny to part shade, welldrained position. Warm coastal climates. Sent in 75 mm diameter pots.
..Priced at $\$ 8.90$ (190 Parries) or 3 for $\$ 23$

## Hoya mindorensis

(VAbcD) Long feathery hair extending out from the pinkish red star shaped flowers with a cream to yellow center. Huge umbels that are

perfectly globe shaped. Gorgeous green leaves. Will take cool conditions. Hardy indoor, patio or shadehouse plant. Let it dry out a little between waterings. Filtered bright light...morning sun. Sent in 75 mm diameter pots. Numerous flower variations all spectacular. Native to Phillippines.
..Priced at $\$ 12.90$ each

## ...Absolutely Delicious \& Healthy... WHITE MULBERRY TREE

(4-15mEdAbcD) Morus alba. Delicious berry fruit on this small tree which produces early and can be kept in a pot.
Also
reported useful for Diabetes, Insomnia, and premature ageing. A small hardy deciduous tree with dense foliage. Producing oval juicy white fruits in summer. Does well in containers. Full sun.
.Priced at $\$ 9.90$ each or 3 for $\$ 26$

## If you want to see

 more of our plants. Check out the shop on our website by scanning the QR code
## Paradise Stock Plants

## Ferns

| Adiantum aethiopicum (50cmAbcD) Aethiopicum Maidenhai | \$13.90 |
| :---: | :---: |
| Adiantum raddianum 'Elegans' (50cmABCD) Adiantum Elegans. | \$13.90 |
| Adiantum raddianum 'Variegatum' ( 40 cmABCD ) Variegated Maidenhair. | \$25.00 |
| Adiantum tenerum Lady Moxon (60cmAD)..................100mm pots..............(Apr-May19) | \$13.90 |
| Adiantum tenerum 'Pacific Maid' ( $\mathbf{3 0} \mathrm{cmABCD}$ ) Pacific Maid Maidenhair. | \$13.90 |
| Cyathea cooperi (3-4m**ABDE) Autralian Tree Fern | \$14.90 |
| Pteris cretica albo-lineata ( 80 cmABCD ) Cretica Brake Fern. | \$13.90 |
| Orchids |  |
| Bassolaelia Morning Glory (Seedlings)..................................100mm pots | \$33.00 |
| Dendrobium Airy White...................................whte flwrs.................70mm pot | \$22.00 |
| Dendrobium Aung Char Yellow.................yllw flwrs...................70mm pots | \$19.90 |
| Epidendrum Comet Valley 'Orange'..............................ornge flwrs..............50mm pots | \$15.90 |
| Epidendrum Topaz Butterball............................yllw flwrs............90mm pots.... | \$25.00 |
| Phalaenopsis Fuller's 3545........................pnk flwrs................90mm pots............................... | \$19.90 |
| Phalaenopsis Golden Apollon........................yellow flwrs.........80mm. | \$29.00 |
| Phalaenopsis Lianher Jellyfish.......................whte flwrs..........................70n | \$22.00 |
| Phalaenopsis Lianher Squid.......................whte flwrs. | \$19.90 |
| Phalaenopsis Lianher Super Red...................red flwrs | \$18.90 |
| Phalaenopsis Lianher Yellow Butterfly...................yllw flers. | \$19.90 |
| Rhyncholaeliocattleya Bangkok City..........................................orange/yellow flwrs..........70mm pots... | \$14.90 |
| Rth. Shinfong Little Sun...............compact catt.................ornge flwrs.............70mm pots. | \$25.00 |
| Rlc. Chunyeah 'Tzeng Wen'...............yllw flwrs..........................100mm | \$35.00 |
|  | \$15.90 |

## Palms \& Cycads

Carpentaria acuminata ( $20 \mathrm{~m} * *$ AbcD) Darwin Palm........................................................................... $\$ 8.90$ Dypsis leptocheilos ( $\mathbf{6 m A b c D}$ ) Redneck Palm........................................................................................................................................... $\$ 9.90$ Licuala grandis (3mAbcD) Fan Palm................................................................................................................................................... 8180 Zamia furfuracea (1mFmABCDE) Mexican Cardboard Plant..................................................................................................................

## Shrubs \& Outdoor

 Brugmansia suaveolens 'White Ruffles' (3mFmABCD) White Ruffles Angels Trumpet........................... $\quad \$ 12.90$
Gaura lindheimeri ( 60 mFABC Gaura lindheimeri ( 60 cmFABC ) Pink Butterfly Bush...................................................................................... $\$ 7.90$
$\$ 8.90$ Liriope giganteum ( 70 cmFABCD ) Liriope Evergreen Giant................................iolet flwrs....................... $\quad \$ 8.90$ Lycianthes rantonnetti ( $\mathbf{1 . 5 m A B C D}$ ) Blue Potato Bush...
Plectranthus hybrid ( 75 cmFmABCD ) Mona Lavender.
Ruellia simplex ( 1.5 mABCD ) Mexican Bluebell. $\$ 7.90$
$\$ 8.90$
Strobilanthes 'Darwin Bells' syn 'Pacific Bells' ( 2 mAD ) Darwi.................................................................. $\$ 8.90$




## Anthuriums

Anthurium Overflow Yellow........................................................................................................... \$25.00
Trees
Olea paniculata (15+mAbcD) Native Olive Tree.........................................Native..年

IF YOU WISH TO RECEIVE OUR HARD COPY CATALOGUE INTHE MAIL PLEASE LET
US KNOW OR IF YOU GETITAND DON'T REQUIREINTHE MAILPLEASEADVISE. Bob

## Paradise Stock Plants

## Foliage/Indoor Plants



## Succulents

| Aloe Hen | \$8.90 |
| :---: | :---: |
| Cleistocactus samaipatanus ( 1.2 mABCD ).. | \$14.90 |
| Gasteria brevifolia ( $\mathbf{3 0} \mathbf{c m A B C D}$ ) Gasteria | \$14.90 |
| Haworthia attenuata ( $20-30 \mathrm{cmAbCD}$ ) Zeb | \$12.90 |
| Ledebouria socialis ( 25 cmABCD ) Leopard | \$12.90 |

## Gingers \& Heliconias



Heliconia angusta 'Red Christmas' (1mAbcD) Heliconia Red Christmas.
eliconia rostrata (2mAbcD) Fishpole Heliconia ..... $\$ 19.90$ $\$ 14.90$

## Bromeliads



Vriesia 'El Salmon' ( 40 cmAbcD )

Philodendron \& Monstera


## Natives

| Crinum pedunculatum (1m*,**RfFABCDE) Native Swamp L | \$9.90 |
| :---: | :---: |
| Isolepis nodosa (syn. Ficinia nodosa). | \$7.90 |
| Macrozamia communis ( $2 \mathrm{~m} * *$ RfABCDE) Burrawang | \$17.90 |
| Mazus pumilio(5cm**FABCD) Purple Maz | \$7.90 |
| Myriophyllum variifolium ( $50 \mathrm{~cm} * *$ AbcD) Native Water Mi | \$7.90 |
| Olea paniculata ( $15 \mathrm{~m}+\mathrm{AbcD}$ ) Native Olive Tree | \$12.90 |

## UNUSUAL PLANTS

## AGLAONEMA

'SILVER QUEEN'
( 50 cmAD ) Aglaonema commutatum 'Silver Queen'. Nicely marked succulent looking foliage with heavy silver splashes. Aglaonemas are soothing foliage plants that are great under dull light conditions. Amazing colours can
 now be yours also. Keep on the dry side whentemperatures arebelow20oC. Colour can vary depending on the light intensity. Great in a pot inside in cooler areas or outside or in a subtropical garden. Aglaonema are so easy care you cant go wrong because they love the shade they handle indoor conditions with ease and in warm areas they will light up any garden. They are tough \& handle a variety of conditions and are relatively pest resistant and long lived.
.....Priced at $\$ 12.90$ each

## WHITE CROCUS

(15cmFmABCDE) Zephyranthes candida. Lovely white yellow anthered erect crocus like flowers come forth in summer and autumn. This is a fine clumping plant with narrow needle like soft dark green foliage. Bulbs about 25 mm wide develop and multiply greatly
 in little time. Great as a border, in a rockery or pot. There are about 70 species of Zephyranthes all from the Americas. Full sun or part shade.
.....Priced at $\$ 7.90$ each ( 150 Parries)

SILVER STREAK GINGER
( 40 cmAbcD ) Kaempferia aff angustifolia 'Silver Streak' has large attractive greyish-green leaves with attention grabbing silver stripes. Hard to get. Blooms white and pink orchid like flowers from summer to autumn. A member of the Zingiberacea Ginger Family. Grow on a rhizome and go dormant in the winter only to shoot forth in
 spring with its
colourfulleaves.Loves moisture and shade in warmer months.
.Priced at $\$ 12.90$ each or 3 for $\$ 33$

## Dendrobium vandoides

Gorgeous subtly coloured pale yellow to white flowers speckled with pinkish red spots. Smaller dots
on the tip and edges with bigger dots on the center petal. A robust
 orchidflowering throughout the year. Native to Papua New Guinea. These 100 mm tall plants are sent in 70 mm pots.
.....Priced at \$14.90

Most of our plants are sent in 75 mm diameter pots they are grown in. Usually $20 \mathrm{~cm}+$ tall. Ferns are sent in their 100 mm pots.

## DRACAENA COMPACTA

Looking for the most durable indoor plant you canfind? This could beit!TheDracaena Compacta Plant, a compact, slow grower with thick green stem and several clumps of short dark green leaves which makes it a beautiful addition to
 homes or offices. Because they're reliable growers in minimal light. poor humidity, and wide ranging temperatures. Native to South East Africa.
..Priced at $\$ 9.90$ each

## ...Ceremonial Perennial...

## HOLY BASIL

(2mABCD) Ocimum gratissimum is a highly valued perennial bush..Holy Basil is a ceremonial plant of Indian spiritual tradition. Medicinal uses also \& aphrodisiac Widely used both in cooking for flavouring. Flush with the oil of eugenol, this is
 the clove smell associated with all plants known as Holy Basil or Tulsi. A robust plant it grows as perennial so long as it is protected and warm in winter. Native to India and Africa. Can be grown as a container plant. Full sun.

$$
\text { .....Priced at } \$ 8.90 \text { each (180 Parries) }
$$

$$
\text { or } 3 \text { for } \$ 23
$$

## BRUGMANSIA COLLECTION <br> ...Lovely Yellow Fragrant...

 BRUGMANSIA BUTTER BOMB( $3 \mathrm{~m}^{*} \mathrm{FmABCD}$ ) Brugmansia 'Butter Bomb'. Stunning buttery yellow flowers with the beautiful shape. Highly scented. Deeply lobed. One of our best of the Australian breds! Coloured frilled trumpet flowers in late spring \& summer. Flowers have a sweet perfume scent.
 Very fast growing they have velvety light green foliage. Will survive a mild frost. Suited to all areas except the harshest. Full or part sun.

## Priced at $\$ 9.90$ each (250 Parries)

## BRUGMANSIA FROSTY PINK

(3m*FmABCD) Brugmansia 'Frosty Pink' This Angels Trumpet will give you huge ( 25 cm ) pale pink coloured frilled trumpet flowers in late spring \& summer. Flowers have a sweet perfume scent. Very fast growing they have velvety light green foliage.
 Will survive a mild frost. Suited to all areas except the harshest. Full or part sun. 75 mm Pots......Priced at $\$ 9.90$ each ( 250 Parries)

## BRUGMANSIA

BRILLIANT ORANGE
( $3 \mathrm{~m} * F m A B C D$ ) Brugmansia 'Brilliant Orange'. Stunning deep orange flowers with the beautiful shape. Highly scented. Deeply lobed. One of our best of the Australian breds! Coloured frilled trumpet flowers in late spring \& summer.
Flowers have a sweet perfume scent Very fast growing they have velvety light green foliage. Will survive a mild frost. Suited to all areas except the harshest. Full or part sun Sent in 75 mm Pots.
..Priced at $\$ 9.90$ each (250 Parries)
All Three Angels Trumpets for \$27
 than the Parries you hold we will send back change
in Parries. Parries are not exchangeable for cash nor deducted from an order \& are not transferable to another person. Simply choose your plant

## Paradise Stock Plants

We are holding stocks of the following plants at the moment. Availability is subject to orders. Descriptions can be found in past catalogues marked in brackets. Symbols are described in back page Key. Flower colour and time are abbreviated after brackets.

## Unusuals

Achimenes hybrid 'Deep Pink’ (30cmABCD) Achimenes Deep Pink..................................................... \$9.90 Achimenes species 'Inferno' (30cmABCD) Achimenes Inferno............................................................ \$9.90 Achimenes species 'Jubilee Gem' (30cmABCD) Achimenes Jubilee Gem............................................. \$9.90 Adiantum raddianum 'Variegatum' (40cmABCD) Variegated Maidenhair....................................................................... \$25.00 Aeschyanthus radicans...Lipstick Plant....................................................................................... $\$ 9.90$ Amorphophallus bulbifer (1mABCDe) Snake Lily
Amorphophallus lacourii.................
Rehmannia angulata (1.5mAbcD) Chinese Foxgl......................................... $\$ 25.00$
$\$ 9.90$
Rhaphidophora tetrasperma ( 1 mAbcD ) Mini Monstera.. $\$ 12.90$
$\$ 9.90$
Syngonium podophyllum '3 Kings' (30cmAbcD) Syngonium 3 King................................................................................... \$17.90

## Food \& Herbal Plants

..For More... See Delicious Collections on the Centre Page
Capsicum annum ( 25 cmABCD ) Purple Pumpkin Chilli..
Capsicum annum (25cmABCD) Purple Pumpkin Chilli...........................................................
Curcuma longa (70cmEdAD) Turmeric................
Dactylis glomerata (30cmAbcD) Dog/Cat Grass...
Gynura procumbens (1mEdABCD) Diten
Mischarytera lautereiana (15+FmRfEdAbCD) Rose Tamarind............................................................................................................ \$8.90
Ocimum gratissimum (2mABCD) Holy Basil............................................................................. $\$ 8.90$ Passiflora caerulea (VEdABD) Blue Passionflower
Piper sarmentosum ( $\mathbf{8 0 c m A D}$ ) Betel Leaf..
Plectranthus amboinicus ( 45 cmEdAbCD ) Mother of Herbs
Rungia klossii ( 60 cmEdABcD ) Mushroom Plant....................................................................................................................... \$7.

Please Note. Plants from Paradise Distributors/Rareplants.net.au are sent in 75 mm Pots+ unless specified....not 45 mm tubes or bareroot like most other online nurseries. We sell a few in 45 mm at a very low price and tell you. We do not bareroot plants at
Rareplants...as do most eBay sellers...Beware. We have just one postage charge fo multiple plants....not one plant per postage charge!!


Ginger

## Flowering Native .....-Bird Attracters XANTHOSTEMON

## 'LITTLE GOLDIE'

(2mRf**AbcD) Xanthostemon 'Little Goldie'. A gorgeous free flowering compact form of Golden Penda. Will give you eyecatching clusters of long lasting bright lemon flowers in autumn and throughout the year. Its dense foliage has a trademarkgolden
 lustre with bronze-pink new growth. Dense bushy habit ( 2 m wide) and will flower best for you in an open sunny position. Native Golden Penda is rare in natural NE QLD habitat. All warm or coastal climates
.Priced at $\$ 9.90$ (200 Parries) each

## FROGSMOUTH

(1m*AbcD) Philydrum lanuginosum Unusual clumping spikey lime green foliage growingup to one metre on water banks. Blooming yellow frog mouth shaped flowers from spring to autumn. Providing shelter and food for frogs and birds. Excellent for water gardens and ponds. Prefers waterlogged soil. Full sun to part shade.
..Priced at $\$ 8.90$

[^0]
## SARSAPARILLA PLANT

( $50 \mathrm{~cm} V^{* *} F A B C$ ) Hardenbergia violacea This gorgeous little native climber will give you masses of dazzling bright violet pea flowers in late winter. Attractive and contrasting dark leathery leaves with heavy vins. The boiled leave make a refreshing beverage. This is a native vine from SE Australia a tough little plant and is hardy to frost, drought and adverse conditions. For all areas but probably not tropical. Full sun. 75 mm pots.
..Priced at $\$ 7.90$ each
...Make a Tangy Drink with this Bird

## Attracter...

## ROSE TAMARIND

(15m+**FmRfEdAbCD) Mischarytera lautereriana. The orange summer fruit can be eaten fresh and used to make a pleasantly tangy and juicy drink! Bird attracter A very easy to grow and attractive rainforest tree! Grow it shorter and tree! Grow it shorter and the leading
wider by removing the branches.Long wavy edged narrow leaves accompanied with a cluster of tiny white flowers in autumn. Rose Tamarind can tolerate light frost. Growing up to 15 m easily. Native to NE \& SE QLD. Full sun to part shade.
...Priced at $\$ 8.90$ (200 Parries) or 3 for $\$ 25$

## NATIVE OLIVE TREE

$(15 \mathrm{~m}+\mathrm{AbcD})$ Olea paniculata. Grows as a bushy tree with a sparse canopy of green foliage and smooth greybrown trunk. Growing small black fruits in summer attracting birds. The fruits were traditionally an by the Aboriginals. Native Olive Tree ane cut back to one metre or let grow naturally. If you want to cut it back do so twice a year before new growth in spring and late summer. Loves the inland and very dry conditions. Likes good drainage. Full sun to part shade. .....Priced at $\$ 12.90$ each

## THAI BEAUTY COLLECTION

( $50 \mathrm{~cm} A B C D$ ) Curcuma alismatifolia. Gorgeous flowers will be yours with this delicate dwarf Curcuma Ginger Lily. Strappy light green foliage. Multiply nicely in summer and autumn. We have 2
Thai Beauties, they are;

## WHITE

## THAIBEAUTY

Marvelous white flowers

## PURPLE

THAI BEAUTY
Gorgeous purple flowers

## PINK

## THAI BEAUTY

Lovely pink flowers
Deciduous in winter so they
 are fine in cold areas as they will be underground tubers at that time. Native to Thailand.
..Priced at $\$ 14.90$ each or All 3 for $\$ 37$

## DIABETES PLANT

(1mEdABCD) Gynura procumbens. A reknowned reputation as a blood balancer. Reports are that
if Diabetics eat 6-12 leaves a day they will no longer require insulin. Diabetes Plant is reputed to have other
 medicinal values like lowering cholesterol, lowering blood pressure and inhibiting cancer cells. Diabetes Plant tastes fine and can be eaten raw, in smoothies, salads and stir fries. Good in a tea. Fast growing in all areas....fleshy leaved evergreen. Full sun light shade.
.....Priced at $\$ 10.90$ each (150 Parries) or 3
for $\$ 29$ or 5 for $\$ 39$

## .Like Roses... <br> DOUBLE RED ROSE

IMPATIENS
(40cmABCD) Impatiens Species 'Red Rose' Very dazzling double red flowers with handsome dark green foliage. Flower in winter.... flowers in spring \& summer \& autumn! They branch well and are stronger than other impatiens. Kept in pot or in the garden they will command immediate attention
 Grow easily in light to medium shade. .....Priced at $\$ 8.90$ (150 Parries) or 3 for $\$ 23$

## ...Amazing Almost Iridescent...

## FLAMING CRYSTALS

## LIPSTICK PLANT

( $40 \mathrm{~cm} A b D$ ) Aeschynanthus evrardii 'Flaming Crystals' is a lovely hanging Lipstick with big red tubular flowers and almost iridescent purple stripes. Setting this off are unusual and very prominent purple anthers that look like weird paper
 clips. Other anthers are pure white -all on the one plant. This is a most striking flower glowing like crystals against attractive dark green large-leaved foliage. Flowering from March to May. Suited to hanging baskets or pots or placed as an epiphyte as in nature. From the rainforests of ThailandandBurma. Warm protected conditions or indoors.
.....Priced at $\$ 8.90$ each (200 Parries)

## FLAMETHROWER PALM

(3-6mAbCD) Chambeyronia macrocarpa. A stunning single palm tree which the new leaves are always bright red for up to ten days, hence the name Flamethrower Palm. then will turngreen Wide thick
 pinnate leaves. Attractive watermelon patterned trunks. Ideal for tropical gardens. Easy to grow. Native to New Caledonia. Considered to be cold hardy. Prefers a rich well drained soil. Full sun to shade. Sent in 75 mm pots.
.....Priced at $\$ 29$ each

## ...Vibrant \& Showy...

FEATHER COCKSCOMB
( 50 cmAD ) Celosia caracus.
A spectactular and showy flowering plant with abundant vivid plume like purple flowers. Growing upright above the green foliage. Blooming from summer til autumn. Makes an excellent cut flower
 while keeping its colour for 6 months. Ideal as a border plant and can be grown in containers. Prefers moist well drained soil. Full sun. Sent in 75 mm pots.
..Priced at \$7.90 (150 Parries) or 3 for $\$ 21$

[^1]...Rare.....Hort. Society Merit Award... ACIDANTHERA
( 70 cmFABCD ) Abyssinian gladiolus. Big 5 cm fragrant hooded white with purple center flowers in profusions in spring and summer. Graceful and airy, the flowers are carried on arching slender tubes.


Clumping bright green sword like foliage. Won the prestigious Royal Horticultural Society Garden Merit Award 1993. Great cut flowers. Decidious, they shoot back from a multiplying corm each spring. Sun to light shade.
.....Priced at $\$ 9.90$ (200 Parries) or 3 for $\$ 26$

## SPEAR LILY

$\left(4 m^{* *} A B C D\right)$ Doryanthes palmeri is an unusual and amazing native plant, closely related to and just as spectacular as the Gymea Lily. From high altitude rainforest in NE NSW and SE QLD. The flowerstem
 can be up to 5 m tall with brilliant red flowers over the top half. The leaves themselves are speccy growing up to 3 m long and are bright green, ribbed and swordshaped growing in a large rosette. This plant can be grown in a tub and makes a nice landscaping piece in the garden. Succesfully grown in Sydney and Melbourne. It is restricted to frostfree areas. Full sun to full shade.
.....Priced at $\$ 8.90$ each (150 Parries)

## FABULOUS ORCHIDS

## Phalaenopsis Fullers 89303

New release harlequin with striking white big lip Approx 130 mm leaf span.


## Phalaenopsis Lianher

Super Red
Deep rose purple moth orchid with large flowers, and nice round shape. Approx. 140 mm Leaf Span. Best suited to indoor culture or very low light
 protected outdoor position not exposed to cold weather. Keep evenly moist at all times. In 70 mm pots.
.Priced at $\$ 18.90$

## African Violet Hybrids

## Named Varieties

We have 2 in 50 mm pots.

- Whirligig Star

Two tone maroon and white.

- Crystal Gazer

Creamy white flowers fading to a purple center.


Whirligig Star


Crystal Gazer

Priced at $\$ 11.90$ each or Both African violets for \$22

## FERN COLLECTION

## RED BRAZILIAN TREE FERN

(1mAbcD) Blechnum brasiliense.
Lovely bronze-red foliage. This is a most attractive small Tree Fern with crinkled arching fronds to 1 m long and 30 cm broard. Trunk is dark brown and
 scaly. Striking tub speciman. Likes dense shade and more suited to warm temperate to tropical climates or indoors in winter. Sent in 100 mm pots.
..Priced at $\$ 12.90$ each (250 Parries)

## NATIVE MAIDENHAIR

( $30 \mathrm{~cm}^{* *}$ ABCD) Adiantum hispidulum is an attractive nativ and red newer growth. This one takes the cold. Can be grown in the ground in a semi protected position.
Native to all the


Eastern States and Central Australia, growing in shady rainforest and open rocky outcrops, where it withstands the hot dry summers by curling its fronds. Shade or part sun. Sent in 100 mm pots.
....Priced at $\$ 13.90$ (300 Parries)
AUSTRALIAN TREE FERN
( $3-4 \mathrm{~m}^{* *}$ ABDE) Cyathea cooperi is an extremely attractive fast growing native tree ferm with lacy fronds and this one will grow in full sun if hardened slowly. Will come back from a frost. Hardy, fast \& gorgeous. Grows in all areas except the
cool temperate. Native to Eastern Australia rom the llawarra to Cooktown Sent in 100 mm pots. $\quad . . .$. Priced at $\$ 14.90$ THESE 3 FERNS FOR \$38

## Rhyncholaellocattleya

Bangkok City
This is a gorgeous Cattleya with large chunky flowers. They are orange \& yellow with red
 in the throat.
.Red \& White Flowers in Winter.... HELICONIA RED CHRISTMAS ( 1 m ) Helicona angusta 'Red Christmas'. This is a magnificent Heliconia which will amaze you with its striking bright red and white flowers during winter and spring The flowers are long lasting and excellent for cut flowers. This is an attractive dwarf clumping variety good in a tub or in the garden. Keep this one in a warm,
 moist partly shaded position in well drained mix or soil. Known to flower in Sydney and Perth. Shooting in 70 mm pots.

## Priced at \$15.90 each (400 Parries)

## HOYA LIDDLEANA

This is a rare Hoya I collected in the Milne Bay area Papua New Guinea in 5-6 years back. Named recently in honour of Iris Liddle \& David Liddle (Late)
.famous hoya pioneers. The huge ribbed flowers are maroon and cream centred in clusters of 3
 or more. Ithasquite long andthickish pointed crinkled leaves which may take a while to fully develop..Likes brightlight under light shade and grows quickly here in Nambour. Hardy at least to 4oC. Recently verified by QLD. Herbarium. Strictly One Per Customer!
..Priced at $\$ 25.00$ each

## BIRD'S NEST ANTHURIUM (3m)

Anthurium schlechtendalii.
This is alarge Anthurium which whengrown in alarge pot or in the ground in well drained conditions. Large broad shiny green crinkly leaves with ligh green undersides. The leaves is also used for multiple medicinal purposesto help treat back pains, sore muscles, rheumatism \& arthritis. Native to Mexico and Costa Rica, this one has apurple spadix to 60 cm long and 75 cm thick which the spadix produces small red berries (Not edible). It will grow in all warm frostfree climates and appreciates good lightand resents being too wet in heavy shade. Bright indirectlight.

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\text { ..Priced at } \$ 12.90 \text { each }
$$

## PINK BUTTERFLY BUSH $(60 \mathrm{~cm})$

Gaura lindheimeri will give you plenty of panicles of bright pink butterfly shaped flowers on 60 cm stems Flowering freely all year above a clump of fine rosetting narrow foliage. The effect is light and delicate. Frost and cold resistant. Good as a border, in a cottage garden or between taller shrubs. This one can be divided later on if you want more plants.

Priced at $\$ 7.90$ (150 Parries) or 3 for $\$ 21$

## CALADIUM MARCH COLLECTION

(35cmABCD) Caladiums are brilliant variably coloured and marked foliage plants that die back to a bulb in winter.

## CALADIUM 'COLOURFUL’

$(35 \mathrm{cmABCD})$ This is a pretty caladium with striking speckled white to pink spots with a pink reddish veins and center on greenleaves.
Flowers are pretty with a small cream spadix and wrap

around spathe. Sent in 75 mm pots. ....Priced at $\$ 12.90$ each

## ...Unusual Red Curly Leaf..

## CALADIUM 'RED FRILLS'

A Caladium with weird curly green edged leaves with a bright red centre Caladiums are tubers originally from Brazil. Grown for their unusual foliage. This is a rare one but will stil
display a hooded white flower. Likes warm conditions and reemerge from winter when the soil is warm in later spring.Ideal plant for use in patio boxes, window sills or as border plants. ....Priced at $\$ 12.90$ each

## CALADIUM

'ICICLE'
Heavy white centered leaves fading to a green edge. Sent in 75 mm pots


## CALADIUM ‘WHITE LACE`

Heavy white leaves with greenveins. Sent in 75 mm pots
......Priced at
\$12.90 each


Caladiums are tubers originally from Brazil grown for their brilliant foliage. Displaying a variable attractive hooded white flower this is one of natures marvels..Caladiums become dormant bulbs in winter. Can grow in cool areas as they are dormant when cold. Like shade but if you are careful they will take morning or late afternoon sun. Leaves are long lasting in floral arrangement.

All 4 Caladiums for \$39!

## PLANTLOVERS GIFT VOUCHER

Do you have enough Perfume,
Chocolates and T-shirts etc?
If so why not put the word out to your loved ones that you would really enjoy a
Plant Lovers Gift Voucher! Can be ordered online for any amount or phone Bob direct on 0408687109.

## DELICIOUS PLANTS

## Delicious March Collection 1

Turmeric ( 70 cmEdAD ) Curcuma longa. One of the key ingredients for many Asian \& Persian dishes such as in curry \& more. Ancient Indian medicine. Used as a powder but also used fresh, much like ginger. Warm conditions but a cold winter will not harm the foliage as it is deciduous. Full sun or shade

Priced at $\$ 6.90$ each or 3 for $\$ 18$
Betel Leaf ( 80 cmAD ) Piper sarmentoum. Lovely spicy flavoured leaves. Popular in south east Asian cooking. Have a go raw or cooked in a salad or raw or cooked in a salad or use as a wrapping. Prefers well composted, moist, well drained soils in a protected, sunny position. Full sun to part shade.
..Priced at $\$ 12.90$ (250 Parries) each or 3 for $\$ 33$ Diabetes Plant (1mEdABCD)
Gynura procumbens.
tastes fine and can be eaten raw, in smoothies, salads and stir fries. Good in a tea. Fast growing in all areas.. fleshy leaved evergreen Full sun light shade
.. $\$ 10.90$ ea (150 Parries) or 3 for $\$ 29$ or 5 for $\$ 39$ ALL THREE FOR \$27.00

## Delicious March Collection 2

Edible Ginger (1mEdAbcD) Zingiber officinale. It is the rhizome (thickened root) we use in cooking. Dies down in winter to reemerge in spring, growing off its rhizome. Likes warm conditions in part shade or light sun.
.Priced at \$9.90 (180 Parries)
Mushroom Plant ( 60 cmEdABcD )
Rungia klossii. Highly nutritious leaves with a mushroom taste about them when cooked. Great in a salad raw or stirfry. High in protein, calcium, iron \& Vitamin C. Shade to part sun.

Priced at $\$ 7.90$ each (150 Parries) or 3 for $\$ 21$
Rose Tamarind ( $15 \mathrm{~m}+\mathrm{EdAbCD}$ )
Rose Tamarind The orange summer fruit can be The orange summer fruit can be
eaten fresh and used to make a pleasantly tangy \& juicy drink! Very easy to grow! Can tolerat light frost. Grows up to 15 m . Full sun to partia ....Priced at $\$ 9.90$ (200) each or 3 for $\$ 27$ ALL THREE FOR \$25.00

## OUR HOYA COLLECTION

A Home is not a Home
...Without a Hoya

## MARCH HOYA COLLECTION1

HOYA INGRASSATA - From 30 to 80 flowers in large heads on this lovely fragrant hoya. The flowers are strongly reflexed with a yellow base and white corona. Light shade.Its attractive leaves are
quite thick and long \& pointed. quite thick and long \& pointed.
HOYA OBSCURA - (M) Big 10 cm clusters of bright fragrant flowers that have yellow centre \& white edges. soft gold toned veined foliage.
HOYA KRIMSON PRINCESS - Hoya carnosa 'Krimson Princess'. Hanging with lots of light to dark pink flowers with dark red magenta centers. white leaves. .....Priced at $\$ 12.90$ each THESE THREE HOYA FOR $\$ 35.00$

MARCH HOYA COLLECTION2 HOYA MINDORENSIS (VAbcD) Long feathery hair extending out from the pinkish red star shaped flowers with a cream to yellow center.
Huge umbels that are perfectly globe shaped. Will take cool conditions. Hardy indoor, patio or shadehouse plant. Dry out a little between waterings. Filtered bright light. .....Priced at $\$ 12.90$ each
HOYA CUMINGIANA (W) - Hoya cumingiana a sturdy non twining hoya with strongly perfumed starlike pointedyellowflowers
... $\$ 12.90$ each
HOYA LONGIFOLIA SHEPHERDII - (Vine AbcD) Unusual 10 cm narrow dark green leaves The flowers are smallish in clusters of 15 plus \& white to pale pink and furry edged with a white crown and a
dark pink centre. THESE THREE HOYA FOR \$35.00
MARCH HOYA COLLECTION3
HOYA CORONARIA 'RED
(VAbcD) Hoya coronaria 'Red'. This is an amazingly beautiful hoya with thick red solid star shaped flowers. Takes full sun and handled our winter outside down to 5 oC . At least morning sun recommended. Priced at $\$ 12.90$ each HOYA LAS BANOS (W) - clusters of gold reflexed starlike flowers with maroon centre... 12 flws per cluster....non twining Good drainage \& light to part sun. HOYA AUSTRALIS
(V**AbcD) Hoya Australis. Provenance
Nambour. Large clusters of star shaped fragrant white red centered flowers.

Priced at $\$ 12.90$ (250 Parries)

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\text { THESE THREE HOYA FOR } \$ 35.00
$$

Key to Cold Tolerance: Letter after Hoya Name: $\mathrm{C}=$ Cool Growing, $\mathrm{M}=$ Intermediate Temperatures W=Warm
Growing-Sub Tropical+ Note: Cool Growing-Sub Tropical+ Note: Cool
Growing will also thrive in the hotter conditions but the warm growing do no appreciate the cooler conditions.


Little Pro


Optimara Little Sapphire

.Priced at \$11.90 each
Also see latest Collection of 2 and 'The Mystery Four... Rarely Seen'

MOSS
Like a lushe green carpet. For terraniums, bonsai, landscaping and germinating ferns.
(Not for WA
NT \&


Tasmania)
..Priced at $\$ 7.90$ each ( $15 \mathrm{cmx10} \mathrm{~cm}$ )

## MAGICAL FERN

PROMOTION
Half Price....for 1 more week

## HEART FERN

( $40 \mathrm{~cm} A B C D$ ) Hemionitis arifolia Gorgeous foliage with heart shaped leaves.
Get for your
Wife,
Your
Husband,
Your Lover
and for your Mother.
Ideal for indoor pots or bush-house. Do not over water. Filtered light. Sent in 75 mm pots.

Priced at $\$ 6.90$ each
Did you know you can subscribe on our website at www.rareplants.net.au to receive our Latest Free Online

Catalogues
If you want to see more of our plants. Check out the shop on our website by scanning the QR code


## NEWSLETTER MARCH 2024

Thankyou for your wonderful orders last month
We have had a great rainy summer.....at times over the top and damaging but its been brilliant overall. Another warm summer as usual and great growing conditions
.......From Bob \& Bev Chalmers
...A Smile is the beginning of Peace. ...Mother Teresa

## DID YOU KNOW

1. If your Maidenhair Fern gets flogged by wet weather and the fronds start rotting the best way to revive it is to completely defoliate it at ground zero ie cut it back 1 mm above its base. Then blow off all the fine dboris left so as not to inhibit the tiny fine growth that will reshoot. Apply liquid fertiliser and add slow release fertiliser as well. 2. Do the same as above in spring if your maidenhair looks shabby coming out of winter.
2. Most plant cuttings will take using only one or two nodes.
3. Genesis Seed Mix is great for you but did you know how good it is for your Dog?
4. More than $85 \%$ of plant life is found in the ocean.
5. We human beings use more than 2000 different types of plants to create various delicious food items in our meals.

## Who Benefits from Extreme Weather Anxiety

## Unfortunately Children Believe Anxious Adults and are Being Flushed with Anxiety

Around $15 \%$ of todays Adults suffer from an Anxiety Syndrome caused by the unpredictability of life. Spoilt by their hardworking parents they need every aspect of life to be predictable and controlled and if its not, look out if something unpredictable like the weather for example goes crazy. Of course politicians and weather Gurus should be able to control the weather (not) !! Of course us humans should be able to change the weather (not)!!
Who are the people who benefit by this Exaggeration?.....
Its those 15\% Spoilt Anxious People.....who can fill their egos with self importance proclaiming disaster and telling everyone else what to do in a Religious Zealousy. Its the Media who loves a bad news story. Its the Anti Science Universities which will not allow the Scientific Method (of studying counter Hypotheses) to proceed at all. All Scientists are not in agreement with the Theory of Climate Change and the Hubris about reversing it.
And then it can also be the Politicians after votes who will take advantage of the Media Push. Another beneficiary is Chinasitting back laughing as they sell us non biodegradeable solar panels, batteries and wind farms while they build multiple coal fired powerstations!!

HOW TO GROW A RICH LIFE WITH PLANTS

## TRUELIES

A man over at Caloundra who thought he was John the Baptist was disturbing the neighborhood, so for public safety, he was committed.
He was put in a room with another gentleman also recently committed and immediately began his routine, "I am John The Baptist! Jesus Christ has sent me!" The other fella looked at him real hard and declared, "I did not!"

IT'S UP TO THE PLANT LOVERS TO KEEP ON PLANTING!! The only proven way to improve earths climate and nature in general is to nurture more plants for food and building materials but especially for our wildlife and our own natural well being. Then we will turn deserts to forests, create timber and food, increase rainfall and humidity and provide wildlife habitat. And hopefully pacify the Anxious to bring them Peace.

Olly and Busby Thrive on Genesis Seed Mix If you wish to give your dog a genuine High Nutrient Supplement go no further than Genesis 1:29. There are numerous articles from Vets about the benefits of the seeds in our mix for your Dog. Olly chases me every morning for his share from my breakfast.Us humans only require 40 grams per day however a 7 kg dog requires only 4 grams per day. This means an 800 gram Packet of Gen $1: 29$ will last your canine friend 200 days.
 It will improve heart health, inflamation and all the same benefits humans get. You can get Genesis 1:29 from our rareplants website on www.rareplants.net.au or on our dedicated superfoodau.com website (dedicated to Genesis 1:29) where you can see Olly knocking down his Genesis Superfood breakfast.

## Genesis Seed Mix now has its own website.

 www.Superfoodau.com Please have a look... you can order it here on this website or there on Superfoodau.comor Phone Bob direct on 0408687109.

## Genesis 1:29.....Natural, High Nutrient,

## High Protein, Low Carb, Low GI Food

.....Chuck your Vitamin Pills \& Get Natural Vitamins \& Lots More. GENESiS 'All the Seeds in the field are Good' Genesis1:29 Get all the goodies you need from this formulated natural food. A mix of 12 seeds and nuts... it is made up of Almonds, Psyllium, Pepitas, Linseed, Hemp,Lecithin, Sesame Seeds, Brewers Yeast, Wheatgerm, Sunflower Kernals, Chia and pure Cocoa
If you suffer from a health problem this nutritious food will help you. If you are a vegetarian this will make life much better for you and enable you to escape the anaemia many vegetarians suffer. If you are overweight this will help you by eating high protein low fat and low sugar food. If you are healthy now help keep yourself that way. One packet will last a man 20 days and ladies about 30 days. This replaces all breakfast cereal and will provide twice as much energy as a plate of Weeties etc. Also all essential minerals and vitamins.



[^0]:    These are sent in long native tubes

[^1]:    Thank you for your Referrals. We appreciate them very much. ...From Bob \& Bev

